



**WATERMARK RETIREMENT COMMUNITIES
BRINGS YOU THE INNOVATION OF
VIRTUAL REALITY**



Visit Paris at a moment's notice. Swim with dolphins. Go back to your childhood home. Experience the Apollo 11 mission. All this and more is possible without having to pack a suitcase with EngageVR at Watermark communities.

What is **VIRTUAL REALITY (VR)?**

VR is a computer technology that creates a simulated world that makes you feel as if you have been transported somewhere else. It uses computer software to produce images, sounds and other sensations to create the feeling that you are in a different place or time. VR destinations and experiences can be surreal or real places, such as touring another country, visiting your hometown via Google Earth or even landing on the moon.

VR technology is implemented through a headset, which looks like a pair of goggles. It generates realistic images and sounds through your movements to create the virtual and interactive reality experience.

The U.S. Air Force pioneered the technology, using it as a training program for new pilots so they can experience the feeling of flying planes firsthand. They also found it to be a much less expensive way to train new pilots.



Reconnect with your sense of adventure with EngageVR at Watermark communities.

With EngageVR, residents at Watermark communities can participate in exciting technology that offers a truly transformative and breathtaking experience. With its many potential benefits, VR can have a positive impact for individuals across all levels of care.



Potential benefits of EngageVR:

- Keeps the brain active
- Promotes socialization
- Uplifting and educational
- Eases chronic pain, anxiety and depression
- Promotes positive emotions and relaxation
- Decreases feelings of loneliness



Visit watermarkcommunities.com to locate the communities near you, and call today to learn more about the EngageVR experience.



WATERMARK
RETIREMENT COMMUNITIES®